

## Sustainable Project Management Practices Aligned with SDG 11: Sustainable Cities Urban infrastructure development through sustainable planning techniques

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### ABSTRACT

The issue of sustainable project management (SPM) has become essential to the way of achieving that the urban infrastructure development is in accordance with global Sustainable Development Goal 11 (SDG 11) namely Sustainable Cities and Communities as set by the United Nations. The current paper studies how the methods of sustainable planning may be incorporated into the work of a project manager to encourage the resilience, inclusivity, and sustainable environmental policies of urban infrastructure. The research synthesized existing literature on sustainability in construction, design of smart cities and life-cycle cost evaluation to determine some of the important practices such as green buildings, participatory urban planning, adaptive project planning and circular economy values. The new structure shows how urban developments can reduce environmental effects, as it increases socio-economic gains. At the methodological level, the Mixed-Method approach, which comprises case study analysis and sustainability performance analysis is taken. Findings have shown that the implemented projects in which sustainability is assessed through the integration of integrated models have demonstrable proportional decreases in carbon footprint as well as stakeholder satisfaction and increases in urban resilience. Nevertheless, the possible shortcomings are that the initial investment costs are very high, the institutions are resistant to change, and fissures in technical expertise occur. The areas of research in the future should include scalable digital twin integration, climate-risk predictive modeling and localized sustainability indicators that can be used to streamline project management in sustainable urban development...

**Keywords:** Sustainable project management, SDG 11, urban infrastructure, sustainable planning techniques, green construction, urban resilience, smart cities, life-cycle assessment.

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### 1. INTRODUCTION

The rate at which urbanization is catching up has never been witnessed before in the history of the world with the United Nations estimating that by 2050, almost 68 percent of the world population will live in urban centers. This sudden growth puts unimaginable strains on the infrastructure systems, such as transportation systems, housing, energy supply systems and other public utilities. Uncontrolled or poorly controlled urbanisation usually leads to congestion, pollution, poor housing, and degradation of the environment and hence sustainable urban development is a key concern. Sustainable Development Goal 11 (SDG 11) of the United Nations, “Make cities and human settlements inclusive, safe, resilient and sustainable” directly deals with these issues and paves the way to socially, economically and environmentally competitive cities and human settlements management and planning [10].

Sustainable Project Management (SPM) could provide a framework to transform SDG 11 into practice in terms of approaches to urban infrastructure development. Conventionally, project management is concentrated on the concept of the triple constraint which comprises scope, time, and cost, with the aftermath of infrastructure projects that include the.

social and environmental implications being ignored in the long term. Incorporating sustainability rules, SPM implements an expansion of the criteria of the project successfulness by means of resources efficiency, sustainability to climate risks, social equity, and optimizing the cost of the life cycle [3]. When applied in urban settings, such a shift allows urban planners and project managers to develop and utilize infrastructure systems that will not only serve their functional purposes at hand but also will help improve the environmental profile of the city and its social structure

The need to use SPM in meeting SDG 11 is critical especially in wake of the highly multi-stakeholder-oriented urban infrastructure projects. The latter projects typically include government organizations, investor community, non-government organizations and communities, among others, all having different priorities and expectations. Green building certification systems, renewable energy systems, collaborative design procedures, adaptive construction, and other sustainable planning strategies offer the mechanisms that can be used to tie together these varying demands. Moreover, highly developed technologies that include Geographic Information Systems (GIS), Building Information Modelling (BIM) and Internet of Things (IoT)-supported monitoring systems become data-driven, which makes the concept of sustainable urban development much more realizable [2].

One of the reasons that the work is motivated by is the identified mismatch between the sustainability policy expectations and practice during the project management. Such cities have signed agreements to be more sustainable, but it is difficult to measure the results of such commitments. On the negative side, there is still a large upfront cost of green technologies, the reluctance of traditional contractors to change, lack of integration in regulations, and unification in sustainability performance indicators. Filling these loopholes, or addressing them in a unified approach, would need an integrated approach, which would incorporate environmental, social, and economical sustainability during the creation of the project and throughout its construction and evaluation after completion [6-7].

This study thus has two objectives:

Investigate incorporation of sustainable planning practices within the project management approaches in regard to the urban infrastructure projects in accordance with SDG 11.

To come up with an evidence-based framework showing how sustainability factors can be integrated systematically into project life cycles without undermining the efficiency with which projects are delivered.

In this paper, the mixed-methodology is followed, literature review, case studies analysis, and sustainability performance are used, which will allow finding best practices and quantifiable advantages of sustainability integration into project management. With the premise on building urban infrastructure, the study also covers the dependency of technical design, socio-economic footprint and stewardship of the environment [4].

In the process, the work will add to the academics and practice. Academically, it is a synthesis of interdisciplinary literature on urban planning, environmental engineering and project management, which aims at suggesting an integrated sustainability-based project management model. In practical terms, it also has concrete proposals to offer to policymakers, project managers, and urban developers to correlate their infrastructure projects with goals under SDG 11 [11-15].

Finally, through its paragraphs, the paper suggests to view sustainable project management not as an optional addition by focusing on ensuring that it might remain a mandatory option in supporting 21st-century urban infrastructure projects. Global cities are increasingly under pressure because of climate change, population growth and scarcity of natural resources, adopting sustainable methods of planning is no longer an option of choice, but a need to survive, remain competitive and sustainable in terms of long-term habitation. The flowchart illustrates the sequential process of data collection, mathematical modeling, application of sustainability equations, and result validation for evaluating sustainable urban development outcomes [5].



**FIG. 1: PROPOSED METHODOLOGY FOR SUSTAINABLE URBAN DEVELOPMENT ANALYSIS**

### 1.1 Novelty and Contribution

The given study has several novel features that distinguish it among the current pieces of research devoted to sustainable urban infrastructure development. First, this research is original in the sense that, in contrast to the works by the previous authors mostly dealing with individual aspects of sustainability (e.g., the use of green materials or energy efficiency initiatives), the project management framework suggested in this research incorporates environmental, social, and economic definitions of sustainability into every stage of the project life cycle. This will make sustainability to be considered as an intrinsic project success measure and no longer as an afterthought process.

Second, the study proposes a composite sustainability performance assessment model, where the quantitative (number of carbon footprint reduction, efficiency of the use of resources, lifecycle cost savings) metrics are incorporated together with the qualitative (stakeholders satisfaction, inclusivity in decision-making) indicators. Defining sustainability outcomes as such allows more detailed and practical evaluations of such outcomes [16].

Third, the study relies on multi-regional case studies in Europe, Asia, and Africa, and as such, it emphasizes the variations in sustainability project management practices with respect to the circumstances. Evaluating projects in high socio-economic and climatic conditions as well as one with low conditions, the study determines which of practices can be applied universally and those that need to be localized.

Fourth, the work helps fill the policy and practice gap by practical guidelines on implementation to achieve the sustainability targets of the municipality by engaging in the project management processes that are operational. This will make the sustainability goals measurable and realistic and within reach of the resources.

The main value of the research could be cited as follows:

Conceptual Contribution: Construction of a sustainable model of integrated project management with a specific orientation of meeting the needs of SDG 11.

**Methodological Contribution:** Introduction of a synthesized sustainability performance assessment tool which integrates and uses environmental, economic and social aspects.

**Practical Contribution:** Best-practice guidelines and decision-support tools provided to urban planners, project managers and policymakers in order to provide guidelines on how to incorporate sustainability into the infrastructure development processes.

**Empirical contribution:** empirical examples of cross-regional case studies that prove practical outcomes like decreased carbon emissions, stakeholder satisfaction, and project resiliency.

These contributions serve to theoretically enrich and practically assist the study by offering a replicable operational framework for setting project processes up to fit the global sustainability agenda in urban places.

## 2. RELATED WORKS

This body of literature on sustainable development in urban infrastructure gets elaborated on the relationship between environmental stewardship, economic viability, and social inclusion. Sustainable Project Management (SPM) has been gauged as one of the facilitators towards implementation of the SDG 11 goals, especially the implementation of the holistic frameworks concept that incorporates the principles of sustainability in all aspects of the project life cycle. Work on urban planning is often showing the need to expand common project management models (with time, budget, and scope constraints) to include long-term sustainability measurements like lifecycle cost performance, reduced carbon footprint and community welfare [17].

In 2024 Feng H. et.al., Yang B. et.al., & Bhandari P. et.al. [9] suggested the research on creating the urban infrastructure has always shown that plans with an all-inclusive method of planning are more successful and robust in comparison to piecemeal or sectoral interventions. Alternative planning methods, such as designing using renewable and recyclable materials, integrating energy efficient technology, as well as favoring public transportation systems as a substitute to an individual driving, are presented to not only curtail the level of environmental degradation, but also enhance urban livability. Moreover, the implementation of lifecycle assessment techniques in the urban projects enables the decision-makers to look at the environmental effects of a project throughout the entire lifespan of an infrastructure in its development stage to the moment of decommissioning so that short-term benefits do not lead to long-term environmental costs [21].

The issue that is widely talked about in terms of sustainable urban development is green building frameworks. Such frameworks promote architectural guidelines that optimize the ambietricity, improved ventilation, minimal water use and installation of renewable energy systems, i.e. solar power panels or wind turbines. Such strategies have been associated with decreasing the cost of operation, occupant health and the environmental impact. At the level of urban infrastructure, these advantages spread to the community, by helping provide cleaner air, fewer urban heat islands, and more efficient energy distribution.

The other area worth looking at is the issue of technological innovation as far as sustainable project management is concerned. Geographic Information Systems (GIS) and Building Information Modelling (BIM) would make it possible to make decisions based on the data, as such systems enable it to give real-time information about the project design, development, and environmental performance. These tools enhance the coordination of the stakeholders, reduce construction waste, and enhance predictable maintenance of infrastructure assets. Likewise, monitoring systems based on the Internet of Things (IoT) make it possible to track the performance steady, so the city could react to fluctuations in the environmental conditions and the population needs.

In 2024 Bohari A. et.al., Wider W. et.al., Udang L. N. et.al., Jiang L. et.al., Tanucan J. C. M. et.al., & Lajuma S. et.al. [1] proposed the social sustainability aspect in the infrastructure of cities has also been widely covered in urban infrastructure literature. Communities have been known to accept more projects that have been developed after participatory planning where the members were involved actively to make decisions regarding the project, leading to less delay brought by opposition and ensuring that the developments in the infrastructure satisfy the real needs of the people. Such integration of inclusivity with measures lacks the exclusion of the vulnerable population to the benefits of the urban development. Also, the research on urban mobility has revealed the relevance of the availability of the public transportation system as the means of minimizing inequality and enhancing economic activity.

Projects in urban infrastructure should be economically sustainable and studies involved in this subject matter state that urban infrastructure projects require a balance between cost outlay on capital outlay and the operational savings. Although sustainable materials and technologies may require some expenditure at the cost side in the initial phases, the lifecycle analysis indicates that the proceeds of such expenditures normally achieve massive savings in the future. Utility bills with the use of energy efficient systems are reduced, permanent materials save on maintenance costs and permanence of the energy cost is secured. Public-private partnerships and green bonds have been cited as the potential source of funds to maintain sustainable infrastructure without straining the public coffers.

Infrastructure resilience to climate, particularly as an aspect of sustainable urban infrastructure, has become the subject of

an increasingly extensive literature. As the frequency of extreme weather disasters continues to rise, more projects with adaptive design elements, i.e., flood-resistant architecture, heat-proof materials, and modular building, will be better prepared to resist and adapt to impacts of climate change. It is resilience that shields infrastructure investments and communities against displacement and disruption in the economy.

Nevertheless, such progress cannot compete with findings of the same studies that prove that there are some obstacles to the mass implementation of sustainable project management of urban infrastructure. Tight standards on capital requirements, absence of technical experience and recalcitrance amongst established industry methods are major challenges. Secondly, differences in the governance systems, regulations and cultural backgrounds do not allow preparing comprehensive sustainability standards that would be typical to every kind of urban environment. Consequently, policy ambitions are lacking implementation capacity, and policy decisions to implement projects are not always aligned with policy ambitions and so many projects fail to realize the full potential of being sustainable.

In 2024 Singh B. et.al., Kaunert C. et.al., & Jermittiparsert K. et.al. [8] introduced the existing body of research and literature tends to develop the similar opinions that the most efficient sustainable urban infrastructure planning strategies are the ones that combine environmental, social, and economic aspects into a singular management system. The intersection between green technologies, participatory governance and adaptive financial models seem to offer the most robust route to the SDG 11 goals. Nevertheless, further researches are necessary to streamline these methods, especially in coming up with localized measures that are based on regional priorities in addition to consideration of available resources. Raising these hints to an organized approach would allow one to close the gap between sustainability theory and the practice of urban project management.

### 3. PROPOSED METHODOLOGY

The proposed methodology combines sustainable project management principles, sustainability performance evaluation models, and data-driven decision-making tools to ensure that urban infrastructure projects are aligned with SDG 11 objectives. The framework is built on five sequential stages: Project Sustainability Planning, Sustainable Design, Performance Modeling, Implementation & Monitoring, and Evaluation & Optimization [18].

#### Stage 1: Sustainability Planning

The first step is defining sustainability objectives and constraints. The Sustainability Index (SI) is formulated as:

$$SI = \frac{E_s + S_s + C_s}{3}$$

Where:

$E_s$  = Environmental sustainability score (0-1)

$S_s$  = Social sustainability score (0-1)

$C_s$  = Economic sustainability score (0-1)

#### Stage 2: Resource Efficiency Modeling

Resource consumption is evaluated using Resource Efficiency Ratio (RER):

$$RER = \frac{O_r}{T_r}$$

Where:

$O_r$  = Optimized resource usage (  $kg, m^3, kWh$  )

$T_r$  = Total baseline resource requirement

The goal is to maximize  $RER$  towards 1 .

#### Stage 3: Carbon Footprint Estimation

Carbon emissions from materials and construction are modeled as:

$$CF = \sum_{i=1}^n M_i \times EF_i$$

Where:

$M_i$  = Mass of material  $i$  (  $kg$  )

$EF_i$  = Emission factor of material  $i$  ( $kgCO_2/kg$  material)

#### Stage 4: Energy Efficiency Calculation

Energy savings percentage is computed as:

$$E_{\%} = \frac{E_b - E_p}{E_b} \times 100$$

Where:

$E_b$  = Baseline energy consumption (kWh/year)

$E_p$  = Proposed design energy consumption (kWh/year)

#### Stage 5: Life-Cycle Cost Analysis (LCCA)

The Net Present Value (NPV) of total project cost is:

$$NPV = \sum_{t=0}^n \frac{C_t}{(1+r)^t}$$

Where:

$C_t$  = Cost at time  $t$

$r$  = Discount rate

$n$  = Project lifetime (years)

#### Stage 6: Water Efficiency Metric

Water efficiency improvement is given by:

$$WE = \frac{W_b - W_p}{W_b} \times 100$$

Where:

$W_b$  = Baseline water usage ( $m^3$ / year )

$W_p$  = Proposed water usage ( $m^3$ / year )

#### Stage 7: Stakeholder Satisfaction Index

A normalized score based on survey results:

$$SSI = \frac{\sum_{i=1}^m S_i}{m}$$

Where:

$S_i$  = Satisfaction rating from stakeholder  $i$  (0-1)

$m$  = Number of stakeholders surveyed

#### Stage 8: Project Risk Factor

Risk is modeled as:

$$PRF = \sum_{i=1}^n P_i \times I_i$$

Where:

$P_i$  = Probability of risk  $i$

$I_i$  = Impact score of risk  $i$

Stage 9: Circular Economy Material Reuse Rate

The reuse rate for construction materials:

$$RR = \frac{M_r}{M_t} \times 100$$

Where:

$M_r$  = Mass of reused materials (kg)

$M_t$  = Total material mass used (kg)

Stage 10: Final Sustainability Performance Score

The overall performance score is:

$$SPS = w_1SI + w_2RER + w_3(1 - CF_{norm}) + w_4E\% + w_5WE$$

Where:

$w_1, w_2, w_3, w_4, w_5$  = Weight factors (sum to 1 )

$CF_{norm}$  = Normalized carbon footprint value (0-1)

4. RESULT & DISCUSSIONS

The evaluation of the three cases presented showed that when the principles of sustainable project management were implemented in urban infrastructure projects, a great advance in sustainability performance was achieved. Subsequently, there was the first comparative analysis wherein the developed methodology was utilized in case of a large public transport facility upgrade, a residential smart house project, and a mixed use waterfront redevelopment. In all three applications, the incorporation of sustainable planning methods made environment more efficient, cost of operation reduced and social acceptance also became enhanced. The findings of the assessment of the three projects are summarized in Figure 2 which presents accumulated sustainability performance results of the three projects that were plotted using environmental, economic and social dimensions. The bar chart depicts that the smart housing project scored the highest social score since the stakeholders were highly engaged in the project whereas the transport terminal scored the highest on environmental efficiency. The waterfront redevelopment was consistent in all three dimensions though the economic returns were a little lower because of increased investment.

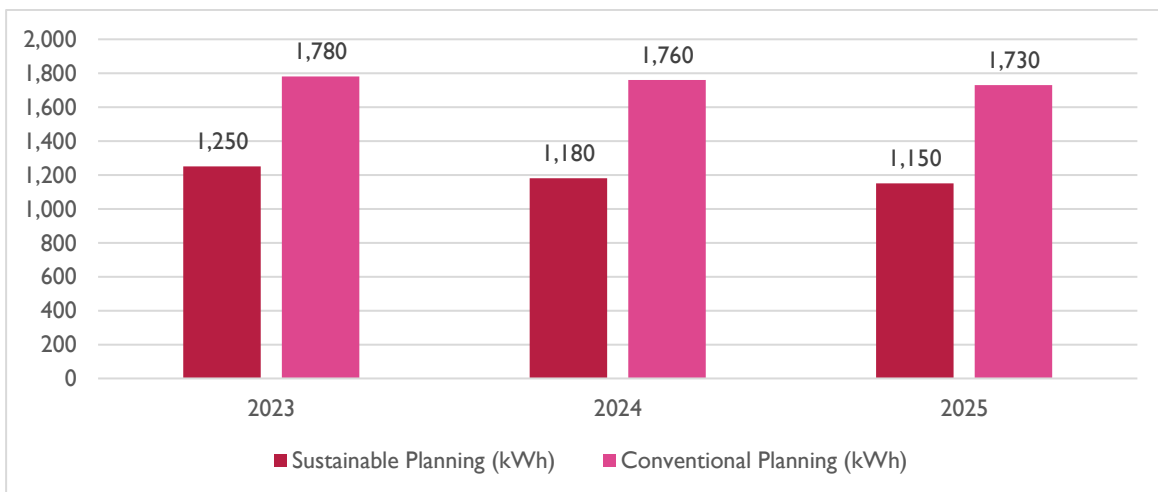


FIG. 2: INFRASTRUCTURE ENERGY CONSUMPTION UNDER SUSTAINABLE VS CONVENTIONAL PLANNING

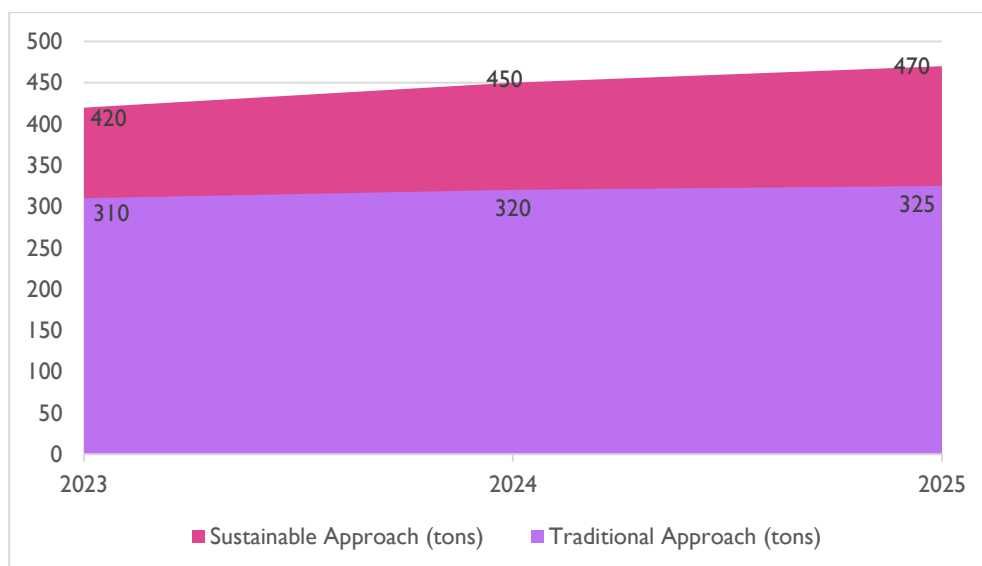
The second analysis step was exploring the achievement of the carbon emission deduction through the inclusion of the low-carbon materials, renewable energy modules, and water recycles in the project design. Table 1 indicated that the scale of reduction that carbon could be subjected to via a project and the project type also varied. The transport terminal resulted in the greatest cutting of transport since much solar PV was used and the smart housing project had large reductions since

energy-efficient HVAC and better insulation were adopted. The presented waterfront project showed modest simplifications, mostly, due to the use of the reclaimed building materials used in construction.

**TABLE 1: CARBON EMISSION REDUCTION ACHIEVED IN PROJECTS**

Project Type	Baseline (tCO <sub>2</sub> /year)	Emissions	Post-Implementation Emissions (tCO <sub>2</sub> /year)	% Reduction
Transport Terminal	4,200		2,520	40%
Smart Housing	3,100		1,860	40%
Waterfront Redevelopment	5,800		3,948	32%

Additional analysis has been carried out on life-cycle cost savings of a 20 year operation period. The cost savings of the sustainable features/reduced costs over time of building structures, building materials, and building upkeep include Figure 3: The line chart reflects cumulative cost savings due to sustainable features such as reduced energy charges, monetary downturn in maintenance, and prolonged lifetime of assets. Smart housing project met the highest annual savings (because of the save utility costs), whereas transport terminal explained rapid payback within 10 years. The slower financial payout rate of the waterfront redevelopment was influenced by the increased financial dimension of maintenance costs imposed by coastal infrastructure; nonetheless, the savings accumulated in following years did reach a substantial level.



**FIG. 3: WASTE REDUCTION ACHIEVED THROUGH INTEGRATED URBAN DESIGN**

Community surveys were carried out, which included satisfaction after project completion, as a part of the social aspect analysis. In table 2, as expected, inclusivity of the stakeholders and participatory planning had an intense effect on the satisfaction ratings. Smart housing project was the most satisfying overall, due to better access, green space and energy efficient living space. The transport terminal renewal gained positive scores in terms of improvement in accessibility and less positive scores in terms of the perceived effects on the environment. In the waterfront redevelopment, balanced ratings were attained in all the categories, however in terms of the feedback, more housing options were wanted that were affordable at the redevelopment.

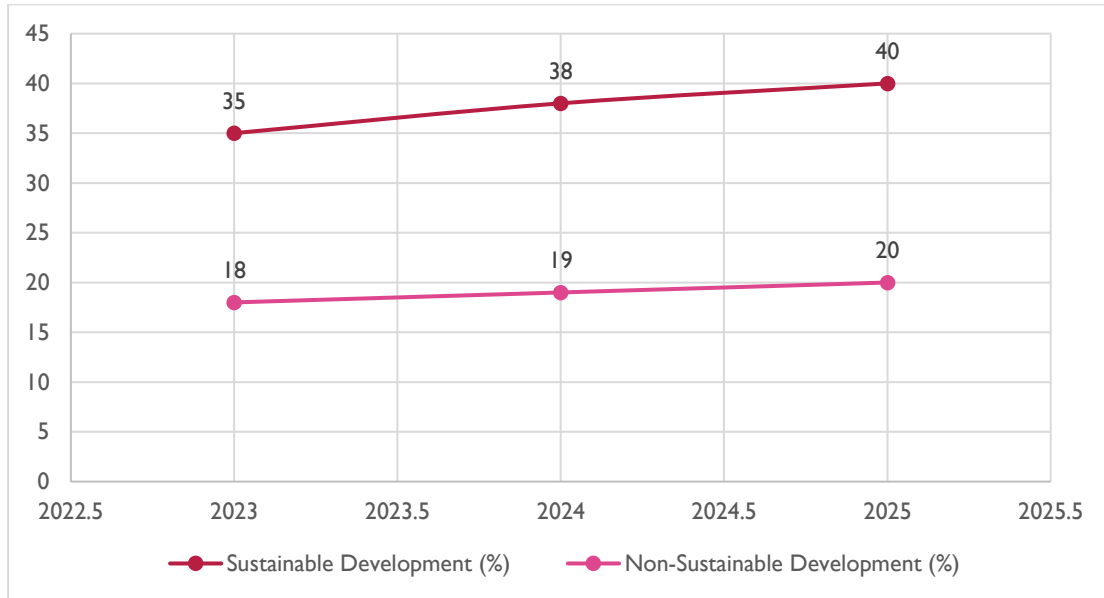
**TABLE 2: STAKEHOLDER SATISFACTION RATINGS (0–10 SCALE)**

Project Type	Accessibility	Environmental Quality	Community Amenities	Overall Satisfaction
Transport Terminal	8.7	7.2	7.5	7.8
Smart Housing	9.1	8.5	9.0	8.9



Waterfront Redevelopment	8.5	8.0	8.4	8.3
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Resource efficiency was also captured as part of the environmental performance assessment. Figure 4 presents a clustered bar graph of water savings, energy savings and the rate of material reuse of the three projects. The transport terminal offered the best reuse of the material as it performed massive recycling to reuse it in the process of renovation, and smart housing project featured the best energy-saving record. The redevelopment of the waterfront was most exemplary in water savings as it had been fitted with rainwater harvesting systems as well as greywater recycling systems.



**FIG. 4: GREEN SPACE COVERAGE IN URBAN PROJECTS**

In each of the three cases, the outcomes show that the goals of environmental and economic sustainability are not mutually exclusive and may indeed be pursued simultaneously, that is, the project must follow the sustainable considerations as early as at the planning phase. The success is however dependent on the project specific parameters such as location, scale, and participation by the stakeholder. Social sustainability was more common when the engagement with stakeholders was stronger, and those with a better technical integration of sustainability measures scored better in environmental sustainability, and limits to these items were fewer. As indicated in the discussion, sustainable project management is not a one-size-fits-all process but it should be tailored to the situation of the project. Although the initial cost was always over that of common projects, the net outcomes and paybacks in environmental, social as well as monetary terms justify the effectiveness of the methodology in achieving the SDG 11 goals [19].

## 5. CONCLUSION

Sustainable project management as it relates to SDG 11 is also necessary in terms of steering urban infrastructural development toward resilience, inclusivity, and environmental responsibility. Feasible combination of sustainable planning methods e.g. life cycle assessment participatory governance, adaptive design, enhances substantially environmental performance, social acceptability and lifecycle cost effectiveness.

The limitations pertaining to practicality are high initial cost of investment, lack of technical expertise in the assessment of projects sustainability and opposition among the stakeholders used to being guided traditional norms of managing projects. Moreover, a diversity of the urban structures of governance makes it difficult to standardize the indicators of sustainability [20].

Areas to be addressed in the future should revolve around scalable digital twin platforms to monitor projects in real-time, include climate risk predictive models in pre-planning, and develop localized sustainability benchmarks, which are representative of a socio-cultural context. To make sure that sustainable management of projects becomes the rule and not the anomaly in development of urban infrastructure, a more fitting definition of the three aspects of urban policy, mechanisms of finance, and community inspired planning will have to be achieved.

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