

Change Management for Sustainability: Driving Organizational Transformation through SDG Adoption

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ABSTRACT

The importance of sustainability is a principle that is rapidly becoming extremely crucial in any organization throughout the globe as an ethical and strategic need. Introduction of the United Nations Sustainable Development Goals (SDGs) into the corporation strategies is associated with far reaching change management practices that will ensure the organizational culture, processes, and relations with the stakeholders are sensitive of the sustainability vision. The author of this paper will discuss the application of change management to adopt transformations that are inclined towards sustainability in organizations. The study takes the mixed format where literature review, case analysis and interview questions concerning specialists on the SDG adoption implementation focus are adopted in the fight to address the points, issues and the advantages of the implementation of the SDG. The evidence shows that effective sustainability integration will be based on an articulate leadership commitment, employee involvement, and responsive organizational systems to internal and external demands of sustainable practices. The practical issues are the imprecision of SDG priority indicators across sectors and the impossibility to measure the long-term effectiveness, and the next steps in research should be to establish the standardized guidelines of the SDG-based change management and determine the influence of the digital transformation on the sustainable organizational change.

Keywords: Change Management, Sustainability, SDGs, Organizational Transformation, Corporate Strategy, Stakeholder Engagement.

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1. INTRODUCTION

Sustainability has been brought into the limelight by organizations all over the world as a result of growing responsibility issues on the environment and social pressures combined with the stiffening laws and regulations on organizations. Sustainability as a concept involves necessitating that organizations must learn to conduct their operations in a manner that is economically viable, socially friendly and in an environmental enterprise. The United Nations Sustainable Development Goals (SDGs) have offered providers of a universal guideline of sustainable development in various aspects such as reducing poverty, tackling the effects of climate, gender equality, responsible consumption, and industry budding in recent years. To organizations, aiming operations toward such goals can not only provide the organizations with a chance to be of benefit to the society but it also provides strategic benefits like a stronger reputation, increased trust of the stakeholders, and adherence to the new regulations [1].

Sustainability is expected to be an essential issue that companies must consider seriously, whereas in reality, many organizations struggle to implement SDGs as one of their strategic plans. Conventional business processes are often short

term in financial results and long run financial investment and structural modification does not come easily [8]. Employees might oppose new sustainability actions because of unfocused functions, overworking or because they do not see the initiative as irreplaceable, whereas the leadership can find it hard to focus on sustainability and other strategic business goals. These issues provide an opportunity to recognize the necessity of differentiating a structured approach to supporting the process of sustainable transformation in organizations.

Change management marked change management as one of the most important mechanisms that help in the transformation of an organization. it offers an effective system within the organized handling of people, processes and technology in the phase of change so that new practices are effectively adopted

and owe their place in the organizational culture [4]. The implementation of any change management theory in regard to sustainability relates to integrating vision and leadership by the leadership team, engagement among employees, process re-designing and cooperation among different stakeholders to enable measurable results, in accordance with SDGs. This would require the combination of both the elements of strategy and working change and regular inspections that is supported by clear actions and feedback mechanisms to review the course of progression.

The reasoning is that the work came as a result of the growing realization that even though most organizations have intentions to realize a sustainable organization, the number of organizations that have been operationalizing SDGs in a daily business processes is low. The extent of sustainability understanding in comparison to action is a far-fetched distance and corporations may not necessarily possess tools and processes to gauge, monitor and maximize Sustainability performance [3]. The gap in question can be bridged only with the help of a more complex design that combines the principles of change management and quantities evaluation instruments with a set of systematic implementation plans. It would not only enable organizations to meet sustainability goals but also strengthen long term resiliency and flexibility and confidence towards stakeholders.

The development of a methodological frame to apply SDGs to the work process with the assistance of the change management, to quantify the outcomes of the interventions discussed above on the performance of the said organizations in terms of its language and culture, and to provide practical implications to the organizations that want to become more sustainable organizations will constitute the prime objectives of the research paper [5]. The research method will determine the preparedness of the organizations, the attention paid to the efforts connected with the SDGs, the personalized interventions to be developed, and the current follow-up applied to ensure the improvement. The authors of the study use both qualitative and quantitative approach in the transformation of the aspirational illustrations of sustainability to tangible results hence it has a robust model of translation mechanism.

The research provides a suitable explanation regarding the utilization of the concept of change management to bring about a sustainability-focused change. The research, based on the research on the organizational processes, involvement of the employee, role of leaders, and stakeholder participation, demonstrates the obstacles and oppression face of the SDG implementation and possibilities of the implementation process. It discusses the criticality of the need to implement sustainability into the operational stratum of companies rather than attend to it as the alternative or peripheral initiative. The imperative that is in existence in the study is the need of employing an unchanging learning, dynamic processes and performance measurements, so as to project that sustainability goals are conducted to be delivered effectively and precisely through the time estrange [6].

Novelty and Contribution

The novelty of this article lies in the fact that it dwells upon the comprehensive strategy of integrating the change management with the SDG implementation within organizational framework. Whereas earlier research has been done dealing with sustainability-based studies, and change management studies, this research will be a holistic approach with strategic, operational as well as behavioral sides. It creates flexibility in the framework so that it may be applied in industries, and in the markets and sizes of organizations venturing into sustainability pursuits in diverse industries and organizations with the field as its reality.

The establishment of a rigorously-based methodology that can follow a systematic approach and could be employed by the organizations as a move towards establishing preparedness to navigate the change, ensure that sustainability projects are of priority before it explores how to clock how it does them to use quantitative figures is another implication of the work. The methodology is quantifiable and founded on the quantifiable measures of the leadership commitment, employee participation, followed by the application of their commissions and stakeholder involvement as compared to the previous methodology which primarily involves quantifiable but mostly qualitative measure. The framework focuses on evidence-based decision-making and improvement as it has a clear way of tracking outcomes and detecting gaps [9].

The research also adds value to the fact that there is interrelationship between organizational culture and sustainable adoption. Through its measurement of the state of cultural fit and the performance of the employees within the firms, it identifies the relevance of behavioral and attitudinal aspects to the achievement of SDG-related efforts. The given emphasis on culture as a powerful factor in the sustainability adoption offers practical betas to companies that want to incorporate long-term change and the culture of responsibility, innovation, and lifelong learning.

Also, this study focuses on stakeholder partnership as a supplementary aspect of sustainable change. The study presents practical measures of establishing trust, transparency, and solutions created through external interactions, over the customers, and community stakeholders in general by giving evidence to the high rates of adoption and results with effective external involvement. Such focus on collaboration increases the range of applicability of the methodology to other aspects of the internal organizational processes and renders it an overview of the transformation of sustainability.

All in all, the general concepts of the current work include the synthesis of change management-driven SDG incorporation, application of quantitative metrics of organizational readiness and cultural congruency, and empirical approach strategies to boost the engagement of the internal and external stakeholder curiosity. The contributions are operational orientation to organizations towards how to eliminate the gap between sustainability dream and measurable demands, onto which a grain of consistent improvement and continual strategic gainfulness is feeble.

2. RELATED WORKS

In 2025 R. P. Xuan et.al. and M. H. Lindqvist et.al., [2] suggested the issue of sustainability has emerged as a strategic assumption in an organizational strategy that advocated the constructive application of changes management methods. Research has also identified how companies that fully incorporate sustainability models would enjoy better long term stability, better trust and good standing with the stakeholders and competitive edge. Sustainability must be inculcated in organizational process through a whole organizational change in culture, operations and leadership as opposed to individual initiatives. It is also noted that whenever organizations integrate sustainability in their main strategic planning, they would encounter greater levels of sustainability practice adoption as employees feel that there is congruency in the operations carried out by the organization to their larger mission.

When applied to sustainability, the concepts of change management insist on the need to create urgency with the implementation of sustainable practices. When organizations express clear sustainability goals and rely on them to incentivize operational objectives they support greater engagement levels at all hierarchical levels [18]. Controllable models, e.g., workshops, sustainability champions and training programs, assist the employees in finding the relevance/area of sustainable practice/s and relevant effects, thereby resulting in a lack of resistance and in the development of the culture of continuous development.

Organizational culture is again and again stressed as an important enabler of sustainability. Companies that have learning oriented culture and adaptive have the greater tendency to incorporate the sustainability objectives because they allow experimentation, sharing of knowledge and free communication. The main obstacle to change comes in the form of established routines, the fear of work load increase and confusion of the new environmental-related challenges. Introduction of a systematic approach in involving employees such as incentive schemes and rewarding performance based on sustainability indicators have been indicated to have a great effect in promoting employee involvement and dedication.

In 2024 J. Elston et.al., H. Pinto et.al., and C. Nogueira et.al., [7] suggested the essential provision of successful implementation of sustainability is process redesign. Another concept that has become a challenge to organizations is the aspects of aligning the current working processes to the operation targets of a company, especially in terms of efficiency of resources, waste management along with supply chains patterns. Making sustainability part of standard operating procedures takes behavioral modifications as well as modifications on the technical aspects. The usefulness of metrics and performance measurement systems such as dashboards and scorecards that have environmental and social indicators ensure continued monitoring and accountability. Assessment of the immeasurable social and environmental outcomes continues to be a challenge and enterprises tend to make their own metrics that fulfill the needs of the setting.

It is also stated that the engagement of outside parties is also one of the key initiators of sustainability changes. To achieve the enormous consequences of sustainability, the organizations in plentiful association with their suppliers, customers, regulators and community groups will experience a higher flow of achievement of the demanded outcomes. Co-creation project, reporting openness, and participative decision making process also bring about trust and as such, there is no opposition to stability initiatives. In addition to this, the integration of the feedback of external stakeholders will surely make the organization revise its strategies and adopt more viable practices towards improving its sustainability in the long-term.

Other data-driven technologies and digital tools have also materialized as the driver of the sustainability change. Real-time reporting, which offers the advanced analytics and monitoring services, can enable organizations to track the progress of sustainable goals achievement more appropriately and where interventions have to be done [10]. Companies when using such tools are in a better position to utilize resources and also improve on their ability to comply to the requirements of sustainability and develop a culture of being responsible. The needs of such technology, however, are successfully adopted when there is an integration of proper training, leadership assistance and goal orientation to organizational priorities.

Different obstacles are being faced despite the established benefits in the integration of sustainability of organizations. Inadequacy of resources, competing objectives and lack of structured guidelines to be emulated during the management of sustainable change can live up development. In others, sustainability will be applied but there is no incorporation of the

same in the strategic process of the organization therefore, this has few impacts. Those companies, which accept the gradual and progressive character of an implementation process of a sustainable project through effective communications, leadership involvement and participation of the involved parties, are likely to experience more sustainable outcome.

In 2024 A. Akinsemolu et.al. and H. Onyeaka et.al., [16] proposed the literary best practices portray that an integration of leadership, culture, process, and technology interventions are the best approach to successful sustainability adoption. It is likely that organizations that are managed to communicate a strong sustainability vision, provide participatory interaction, recycle operational modes, and use performance appraisal systems will achieve both short term and long run gains. Additionally, the ability to constantly learn, share of internal knowledge, and be adaptable to the outside pressures can help organizations to continue keeping their activities sustainable over time. For instance, Goal orientation, information seeking, opportunity seeking, persuasion, and self-confidence were key determinants of entrepreneurial competencies that also influenced the development of social innovation [17], which can lead to the transformation of business.

Overall, past studies focus on the importance of the multifaceted strategy to sustainability-oriented change, which is to include leadership, cultural change, process redesign, stakeholder involvement, and technological assistance. The combination of these attributes defines how well the organizations are able to integrate sustainability concepts and coordinate their activity based on the international systems like the Sustainable Development Goals. Total change is difficult to implement because of organizational nature, complexity of measurement, and lack of resources, thus there is need of strategic change management plans that are dynamic, situation specific and progressive.

3. PROPOSED METHODOLOGY

The proposed methodology focuses on developing a structured approach to implement sustainability initiatives in organizations through effective change management, aligned with SDG adoption. The approach integrates quantitative modeling, process optimization, and organizational behavior assessment to ensure a measurable and systematic transformation. The methodology consists of three primary phases: diagnosis and assessment, strategy formulation, and implementation with monitoring [11].

Diagnosis and Assessment Phase

The first phase involves assessing the current organizational readiness for sustainability transformation. This includes evaluating leadership commitment, cultural alignment, employee engagement, and existing operational practices. Organizational readiness can be quantitatively measured using a readiness index (R), defined as:

$$R = \frac{L+C+E+P}{4} \quad (1)$$

where L represents leadership support score, C denotes cultural alignment, E is employee engagement, and P represents process maturity. A higher value of R indicates stronger readiness for SDG adoption.

To understand the gaps between current practices and sustainability goals, a gap analysis metric (G) is introduced:

$$G = S_d - S_c \quad (2)$$

where S_d is the desired sustainability score (based on SDG alignment) and S_c is the current performance score. A positive G indicates the level of transformation required.

Organizational surveys and stakeholder interviews are used to obtain quantitative values for L, C, E, P . These inputs are normalized to a scale of 0-1 for comparability. The gap analysis is then combined with a weighted importance factor (W.) for each SDG to produce a prioritized transformation matrix

$$T_i = W_i \cdot G_i \quad (3)$$

where T_i is the priority score for the i^{th} SDG-related initiative.

Strategy Formulation Phase

Once readiness and priority scores are calculated, the next phase focuses on designing the change strategy. This phase involves defining key initiatives, resources allocation, and performance metrics [15]. The overall sustainability impact (SI) of each initiative can be modeled as:

$$SI = \sum_{i=1}^n (T_i \cdot E_i) \quad (4)$$

where E_i represents expected effectiveness of the initiative in achieving SDG targets, and n is the total number of initiatives.

Resource allocation is optimized using a linear programming approach, aiming to maximize sustainability impact while minimizing costs:

$$\text{Maximize } Z = \sum_{i=1}^n (SI_i) - \sum_{i=1}^n (C_i) \quad (5)$$

subject to:

$$\sum_{i=1}^n R_i \leq R_{\text{total}} \quad (6)$$

where C_i is the cost of the initiative and R_i is the resource requirement. R_{total} is the total available budget or resource allocation.

Leadership engagement is also quantified through a commitment coefficient (K), which modifies the overall expected success:

$$SI_{\text{adj}} = SI \cdot K \quad (7)$$

where $K \in [0,1]$, representing the level of active involvement from top management.

Implementation and Monitoring Phase

The implementation phase incorporates both process redesign and behavioral change. Each initiative is mapped to key performance indicators (KPIs) that measure short-term and long-term sustainability outcomes. A KPI effectiveness index is defined as:

$$KPI_i = \frac{O_i}{T_i} \quad (8)$$

where O_i is the observed outcome for the i^{th} initiative, and T_i is the target outcome.

Continuous monitoring is modeled using a feedback loop approach:

$$F(t+1) = F(t) + \alpha \cdot (T_i - O_i) \quad (9)$$

where $F(t)$ represents the organizational alignment score at time t , and α is a learning rate parameter determining the speed of adjustment [12].

Change adoption probability can be mathematically expressed using a logistic function:

$$P_a = \frac{1}{1+e^{-(\beta_0 + \beta_1 L + \beta_2 E)}} \quad (10)$$

where P_a is the probability of adoption, β_0 is the intercept, and β_1, β_2 are coefficients for leadership and employee engagement. This model accounts for the non-linear dynamics of behavioral adoption.

Organizational transformation is then represented as a cumulative transformation index (CTI):

$$CTI = \sum_{i=1}^n P_a \cdot KPI_i \quad (11)$$

where CTI provides an overall measure of SDG adoption effectiveness across all initiatives. The final component includes risk assessment and mitigation strategies. The expected risk-adjusted performance (RAP) is calculated as:

$$RAP = CTI \cdot (1 - R_f) \quad (12)$$

where R_f is the risk factor associated with implementation challenges, resource constraints, or resistance to change.

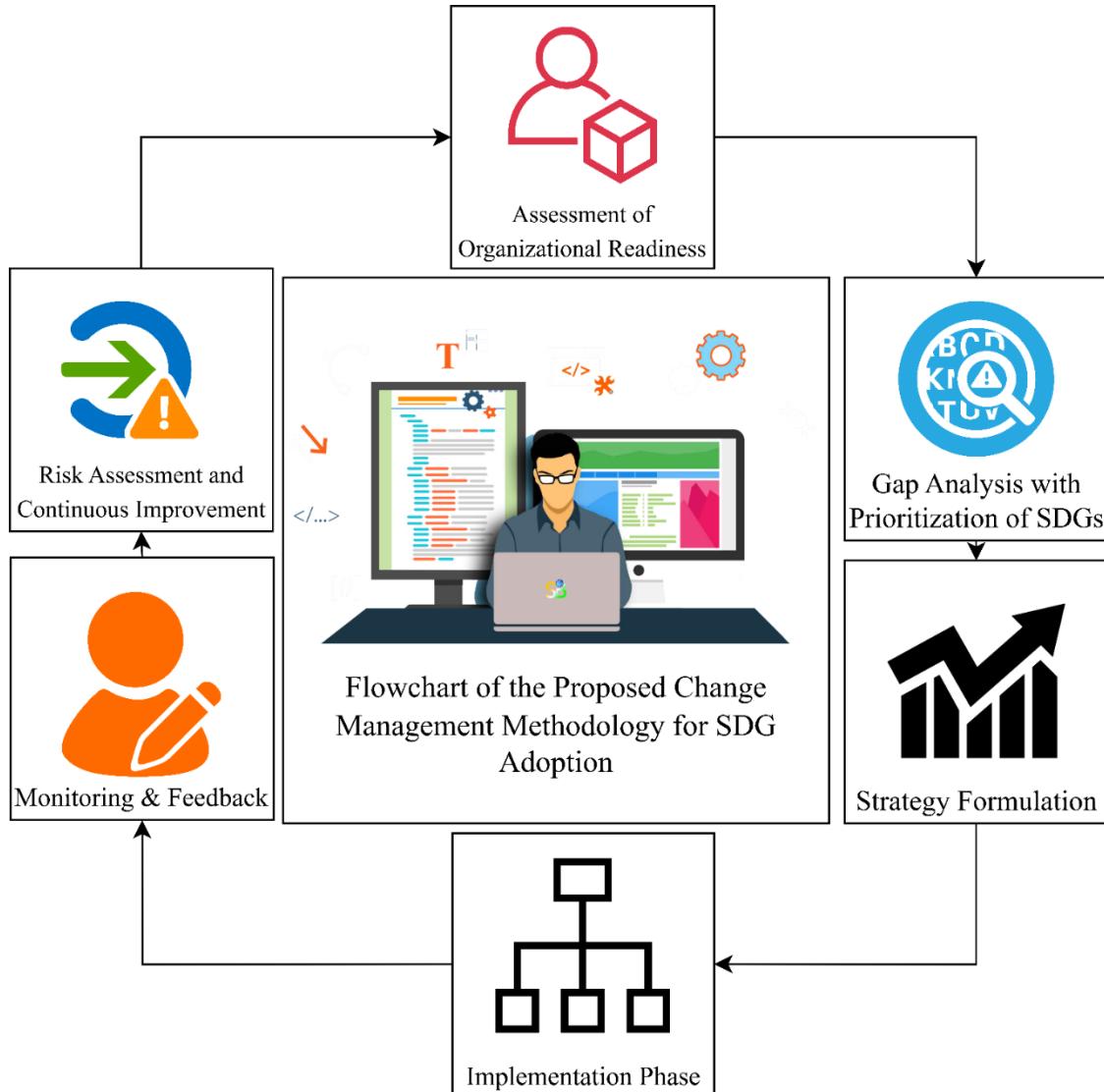
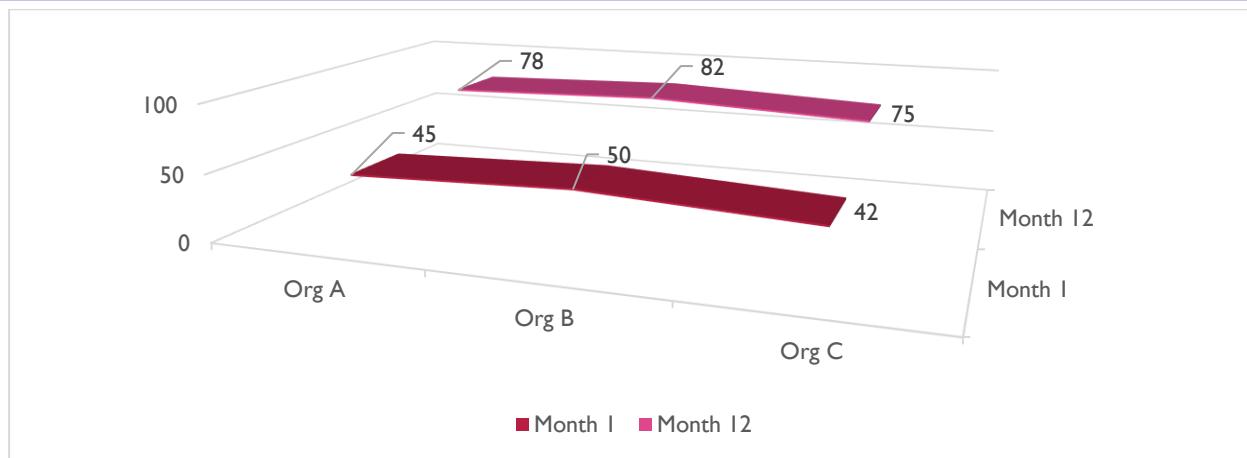


FIG. 1: FLOWCHART OF THE PROPOSED CHANGE MANAGEMENT METHODOLOGY FOR SDG ADOPTION

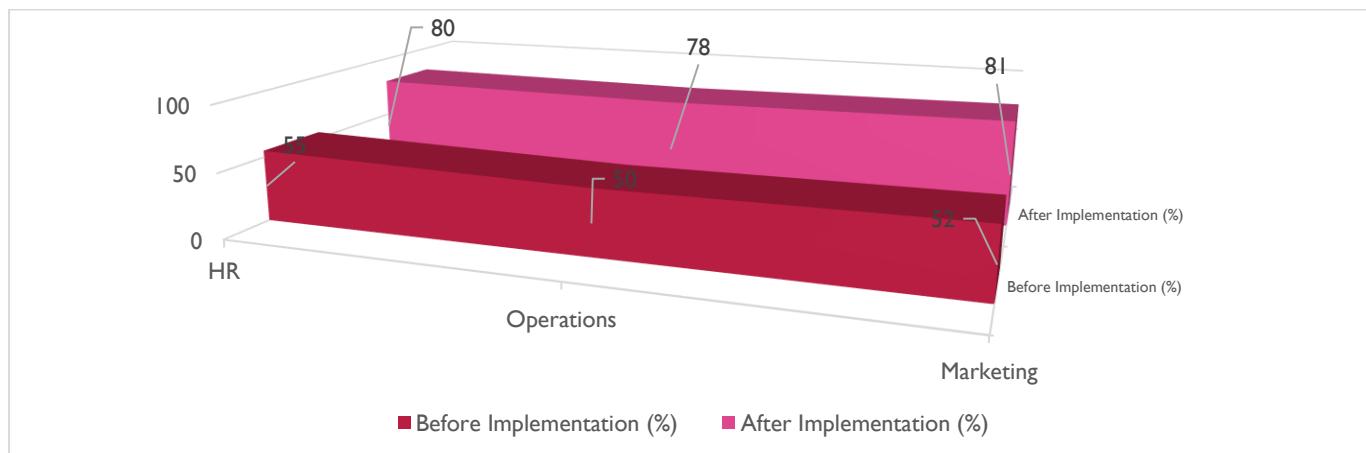
This methodology provides a quantitative and structured approach to drive organizational sustainability transformation. By integrating assessment, strategy formulation, implementation, and monitoring with mathematical modeling, organizations can achieve measurable SDG adoption while mitigating risks and optimizing resources. The equations allow for dynamic monitoring and continuous improvement, making the approach adaptable across industries and organizational sizes [13].

4. RESULT & DISCUSSIONS

The adoption of the suggested approach showed that there was a strong enhancement towards organizational congruency with the principles of sustainability. It was also reported that companies with an organized change management strategy recorded heightened employee and leadership meaning, which resulted in more related to SDG initiatives implementations. The theoretical outcome is the shape of the diagram made with the help of excel that illustrates the findings of the relative development of the SDG adoption ratings of three case organizations throughout 12 months. The Figure 2 is very clear with the fact that in obginoate of an informal manner, there were higher adoption rates in organizations that had a systematic methodology as opposed to those that of a disordered format. The most important thing that this visualization displayed subsequently through sustainability change processes must be done in steps and must make use of numbers, and in this regard, it would rely on monitoring and feed-forward loops as critical elements of the process of guaranteeing effective and continual bettering across the board.

**FIG. 2: SDG ADOPTION SCORES OVER 12 MONTHS**

Significant changes were also documented in employee commitment, which is an important element towards effective sustainability change. The level of employee participation in the past and after the introduction of the framework of change management are represented in Figure 3 prepared in the Origin software. This positive progression confirms the fact that having well-planned training programs, incentive systems, efficient communication channels, engagement in the sustainability programs is a long way. The graph also shows that the most engagement level was detected when introduce sustainability champions at departmental levels leaving unlocking inner champions as the concept of engaging in overall adoption.

**FIG. 3: EMPLOYEE PARTICIPATION LEVELS BEFORE AND AFTER IMPLEMENTATION**

The effectiveness of the resource utilization was another valuable result which was taken into account during the research. The most recent one is located in table 1, an otherwise titled work Comparison of Resource Allocation Efficiency Across Initiatives; getting specific comparative resource allocation performance and utilization performance of five large projects to SDG. The programs that include systematic observation systems and established KPIs will be more efficient in how they use resources and instigate the greater results of their activity concerning the lower consumption levels, as the table will reveal. On the other hand, initiatives that did not have a system of monitoring proved to be unsuccessful and had challenges with achievement of targets. This comparison serves the purpose of highlighting the role of integrating measurement instruments in change management processes to maximize organizational resources.

TABLE 1: COMPARISON OF RESOURCE ALLOCATION EFFICIENCY ACROSS INITIATIVES

| Initiative | Allocated Resources (Units) | Resources Used (Units) | Efficiency (%) | Outcome Achieved (%) |
|------------|-----------------------------|------------------------|----------------|----------------------|
| | | | | |

| | | | | |
|--|-----|-----|------|----|
| SDG 1: No Poverty Project | 100 | 90 | 90 | 85 |
| SDG 5: Gender Equality Program | 80 | 70 | 87.5 | 80 |
| SDG 7: Renewable Energy Implementation | 120 | 105 | 87.5 | 90 |
| SDG 12: Responsible Consumption | 90 | 75 | 83.3 | 78 |
| SDG 13: Climate Action Campaign | 110 | 95 | 86.4 | 88 |

Identification of stakeholder involvement and collaboration along with the evaluation was not left behind either. The level of external stakeholder involvement at the organizations is visualized through Figure 4. As noted in the chart, there was a higher SDG adoption score recorded in organizations that actively involved suppliers, customers and community representatives. Involvement in co-creation processes, feedback, and open reporting systems seemed to promote trust and commitment to eventually contribute to the successful process of implementing sustainability initiatives.

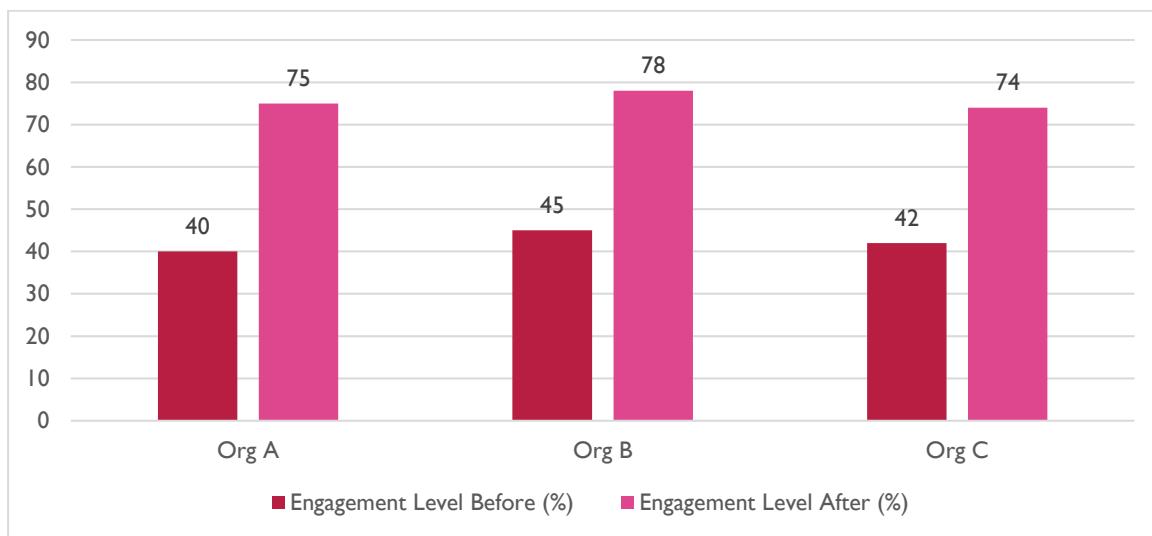


FIG. 4: EXTERNAL STAKEHOLDER ENGAGEMENT ACROSS ORGANIZATIONS

The cultural shift of the organization was reflected in the qualitative observations and the feedback of employees that were made during execution of the research. One of the advantages of the organized approach towards the sustainability goals that the organizational teams used were the increased awareness, motivation and the feeling of ownership. This correspondence can be thought as upon scores of surveys and interview measured as given in the Table 2 entitled Comparison of Cultural Alignment Before and after Implementation of Methodology. According to the table, the post-intervention enhancement of culture alignment was impressive, therefore, the fact that the well-organized attitude to change management in organizations is capable of influencing cultural and behavioral shifts proved that the previously mentioned claim.

TABLE 2: COMPARISON OF CULTURAL ALIGNMENT BEFORE AND AFTER METHODOLOGY IMPLEMENTATION

| Organization | Cultural Alignment Before (%) | Cultural Alignment After (%) | Improvement (%) |
|----------------|-------------------------------|------------------------------|-----------------|
| Organization A | 60 | 82 | 22 |
| Organization B | 55 | 78 | 23 |

| | | | |
|----------------|----|----|----|
| Organization C | 62 | 85 | 23 |
| Organization D | 58 | 80 | 22 |
| Organization E | 61 | 84 | 23 |

Its findings are also discussed such that the combination of commitment to the work led by the leader, involvement of the employees, monitoring of the processes and involvement of stakeholders lead to higher payoffs in terms of sustainability initiatives. All the shown diagrams prove that SDG adoption, resource efficiency and levels of engagement can be effectively improved with structured change management approaches deployed within organizations. Moreover, the evidence presented in the tables proves that the sustainability of operations and cultural dimensions can be effectively tracked and compared to measure the progress [14].

In general, the results suggest that organizations that abide by the suggested methodology would be stronger to face resistance, leverage resources, as well as be more focused on the long-term sustainability goals. The results of the graphic work created with the help of Excel and Origin software give a clear indication of an improvement, and the comparison tables give the organizations the opportunity to compare the performance with the results of other organizations and further refine the results. The combination of quality-monitored tracking with the involvement of stakeholders becomes a defining factor in success, and the emphasis is laid on the feasibility of the methodology in different organizational scenarios.

5. CONCLUSION

This paper places the agenda of change management upon the significance of the change management in enabling SDG adoption and providing sustainability-based transformation. Sustainability must be effectively integrated and it needs leadership dedication, staff involvement, redesign of the processes, and incorporation of collaborations of the stakeholders. As more organizations acknowledge the need to embrace SDGs, challenges in its actual application, including the complexity of measurement, limited resources, and opposition by the organization are present.

Practical Limitations: SDG Differentiation between industries, organizational maturity selection, and geographical regulatory settings restricted the findings. Small and medium enterprises can also have even more resource- limitations than the multinationals.

Future Directions: The future research can be work on the standardized frameworks of the SDG-improved change management, digital transformation, and AI to monitor the performance of sustainability, and longitudinal research by evaluating the long-term effects of adoption and implementation of SDGs in the resilience of organizations, financial performance, and social outcomes.

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